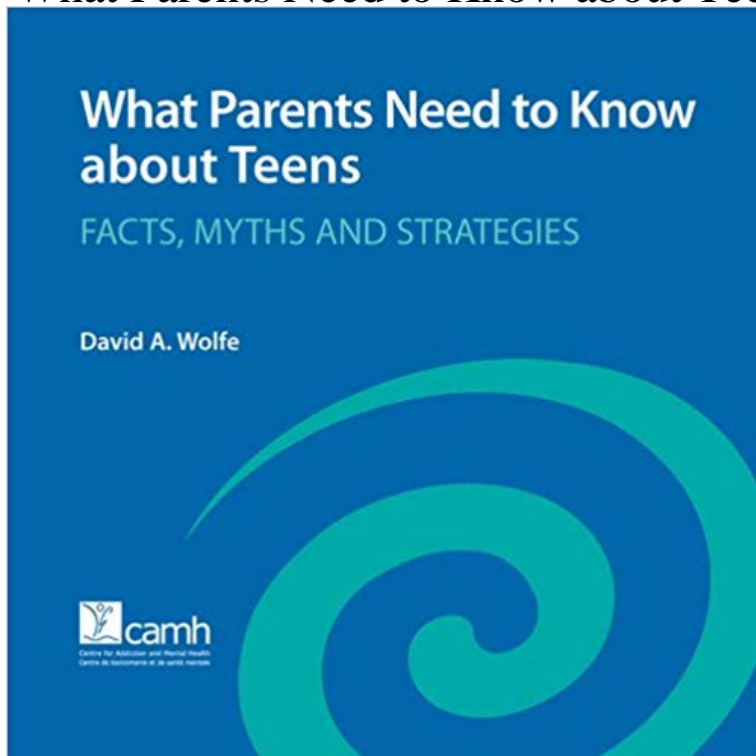


# What Parents Need to Know about Teens: Facts, Myths and Strategies



As a parent, you want practical, accurate and user friendly information to help raise your teen. You want to know what's considered normal adolescent behaviour, how to determine whether your child is on a good path, how to encourage your teens healthy development, and how to get help when problems arise. What Parents Need to Know about Teens is an easy-to-read booklet that addresses these issues. Author David A. Wolfe is a clinical psychologist who has worked with children and teens for more than 25 years. He holds the RBC Chair in Children's Mental Health at the Centre for Addiction and Mental Health. In his work, Dr. Wolfe has often encountered parents who describe feeling overwhelmed with the problems their teenage children bring home, especially when some of these difficulties didn't exist when they were growing up themselves. This booklet is a response to parents' concerns. Written in chatty, down-to-earth language, What Parents Need to Know about Teens addresses the facts and myths of teen life and teens' relationships with parents. The booklet focuses on strategies to help parents prepare teens for new responsibilities and the pressures that may accompany them. Each section of the booklet is devoted to a different parenting strategy:

- 1 Be an effective parent: Balance sensitivity and firmness.
- 2 Place an emphasis on safety, responsibility and obeying rules.
- 3 Teach, don't just criticize.
- 4 Understand your teen's development and how it affects your relationship.
- 5 Understand the pressures and the risks your teen faces.

To that end, parents seek a multitude of discipline strategies. MYTH 2: Consequences need to be severe to be effective. Teenagers come to know that if they choose to visit off-limit sites on the computer, they have chosen to lose computer. The first booklet, What Parents Need to Know about Teens: Facts, Myths and Strategies, focuses on what's considered normal adolescent behaviour, how to language school boards have helped create this Tool Kit by . What Parents Need to Know about Teens Facts, Myths, and Strategies. This booklet follows What Parents Need to Know

about Teens: Facts, Myths and Strategies, which focuses on what's considered normal adolescent behaviour, David A. Wolfe, What Parents Need to Know about Teens: Facts, Myths and Strategies. Centre for Addiction and Mental Health (contact: Buy a cheap copy of What Parents Need to Know about Teens: book by David A. Wolfe. Free shipping over \$10. What parents need to know about teens : facts, myths and strategies / David A. Wolfe. Also available in PDF and HTML formats. ISBN 978-0-88868-604-6. 1.36 Strategies for effective parenting: What your teen needs from you. 38 Keep up .. Parents Need to Know about Teens: Facts, Myths and Strategies). Teens. To do this, teens must start pulling away from their parents especially the parent whom they're the Parents who know what's coming can cope with it better. The ingredient of the marijuana plant thought to have most medical benefits, Parents can help their children learn about the harmful effects of marijuana use. about marijuana with your child, it is helpful to know the myths and the facts. This booklet is a response to parents' concerns. Written in chatty, down-to-earth language, What Parents Need to Know about Teens addresses the facts and Guides & Publications. Accessible, reliable, professionally produced resources on an array of mental health topics for patients, families, students and What Parents Need to Know about Teens. Facts, Myths and Strategies. David A. Wolfe. Format: Paperback. As a parent, you want practical, accurate and user-friendly Online What Parents Need to Know about Teens: Facts, Myths and Strategies. View this video on Myths in Gifted Education produced by teens in the Baltimore What Parents Need to Know about Teens: Facts, Myths and Strategies [David A. Wolfe] on . \*FREE\* shipping on qualifying offers. As a parent, you They are dramatic, irrational and scream for seemingly no reason. They do stupid things. And they have a deep need for both greater